



Spotlight on the East River Valley
April/May 2020 EDITION ISSUE 81
East River Valley Community
Development Association



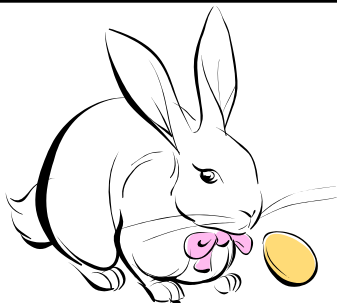
Mission Statement: To promote the sustainability of the East River Valley Communities

Notes from the Chair

During our recent Annual General Meeting I had the pleasure of introducing Kara Allen as our new coordinator. Kara has had previous experience working on the “Spotlight on the East River Valley” and lots of experience welcoming visitors to the County. I look forward to working with her and hope that she will enjoy this new challenge. I hope you all will find an opportunity to speak with and welcome her soon.

After our AGM we sat around for a “Brain Storming” session while enjoying pizza. Our new director, Angela, had reviewed the ERV Strategic Plan produced in 2007 and had posted the priorities that had been established back then for our review. We were invited to grade them as to their validity today and she took the information home for collation. The results are intended to help develop the way ahead for ERVCDA.

When ERVCDA was born in 2006 the concept was an association in which members would be from all over the valley and that the group would endeavour to assist any other organization that we could. That concept was listed as a priority and drew a lot of comment on the need for a meeting of all the community groups to discuss ways and means of increasing inter co-operation among all . Given the current situation it seems to me that we need to work together to mitigate the effects of this latest bug and get people socializing again (from a safe distance)!



Happy Easter and Happy Mother`s Day from the East River Valley Community Development Association!



Easter is Sunday April 12th

Mother`s Day is Sunday May 10th

ERVCDA`s Monthly Meetings take place the second Tuesday of each month

Riverton Hall, 5678 Trafalgar Road

Keep an eye on our Facebook page for updates on the next meeting date.

All are welcome! Bring your ideas for activities and events you would like to see happen in our community.

East River Valley Community Development Association

6341 East River West Side Rd, Module 1, Box 2, Eureka, NS B0K 1B0

Recurring Events:

ERVDA meets the 2nd Tuesday of each month at 7 pm at the Riverton Hall 5678 Trafalgar Road

Adult fitness with Cheryl: Tuesday and Wednesday 4:30pm, Friday 9:00am at the Plymouth Comm. Centre

TOPS (Take Off Pounds Sensibly) meets every Tuesday afternoon at the Birch Hill Seniors Complex on Acadia Ave, Stellarton. Weigh-in 12:30-1:30, meeting 1:30-2:30. New members welcome. For more information, contact Elaine Campbell 902-752-3529

TOPS N.S. #5264 is here to give you all the support you need to be successful in learning healthy eating. Meets Monday 9:30am at the Atlantic Superstore. Contact Diane 902-759-6863

TOPS N.S. #3239 meets Monday 6:30pm at Valley View Villa, Riverton. For more information, contact Judy Whyte 902-755-5882 or Debbie White 902-923-2416

Plymouth Fire Dept Ladies Auxiliary meet the 2nd Tuesday of the month at 6:30pm. New members welcome.

Golden Glen Seniors meet Tuesdays at 1:30pm, Plymouth Community Centre. Join us for a game of 45's and a light lunch. New members welcome, contact Ila MacKenzie 902-752-1346

IOOF Union Lodge #30 meets at 7:30pm the 2nd and 4th Wed of each month at Springville Lodge Hall from Sept to June. Contact Lester Ward 902-923-2764 or Jim Wilson 902-923-2696

Cribbage will be played on Wednesday evenings at 7 pm at the Lorne Community Hall. Cost is \$5. There will be 50/50, 24 hand \$1. Everyone plays. Hope to see you there.

Pictou County ATV Club meets the 2nd Monday of most months, 7:30 pm New Glasgow Legion. For info contact Trevor Cruickshank 902-923-2580 or check the website: www.pcatvclub.com

Pictou County Trap and Skeet Club. Winter hours: 1:00pm - 4:00pm. Summer hours: 5:00pm - 8:00pm. For more information email: margesonsc@gmail.com

Volunteer Fire Department Contacts

East River Valley Fire Department:

Kevin Stuart, Chief (H)902-923-2893

kevinandleisa@hotmail.com

Dalton Helley, Deputy Chief (H)902-923-2897

(C)902-301-4750

Eureka and District Fire Department:

Bill Holley, Chief (H)902-923-2069 (C) 902-754-9115

Lee Fraser, Deputy Chief (H)902-923-2170 (C) 902-754-

8686

Plymouth Fire Department:

Mike Conway, Chief 902-755-3229 or 902-759-0153

Hopewell Post Office Hours of Operation

Monday – Thursday 8:30am - 2:00pm

Friday 8:30am - 1:30pm

NEIGHBOUR CARE

There are many people in our community who would be happy to drop in and help with some small tasks. If you have a request you may call the Senior's Outreach phone at 902-752-8400 and the message will be forwarded to someone to make the connection happen.

A little bit of Basketball history....from Sunny Brae

Rev. Finley Grant MacDonald was born April 1, 1870, in Sunny Brae. He was a participant in James Naismith's class in 1891, when basketball was first played. MacDonald was one of the best players as the game became popular. This game is often referred to as the first public basketball game, as more than 200 spectators watched. MacDonald did not graduate from the YMCA Training School, however, as he decided to return to Nova Scotia to take a position with the Springhill YMCA. MacDonald then served as a pastor near his home in Nova Scotia for fifteen years before his passing in 1951.



Greetings from the new ERVCDA Coordinator

Hello, my name is Kara (Cunningham) Allen and I am excited to have accepted the role of the East River Valley Community Development Association Coordinator. I am a life-time resident of Plymouth, and consider myself lucky to live in this beautiful part of Nova Scotia.

I spend my summers working with Destination Eastern and Northumberland Shores (DEANS) at the Visitor Information Centre in Pictou. DEANS is the regional marketing organization that looks after Pictou and Antigonish County and Eastern Shore tourism, and I have been promoting tourism in our area since 2001.

I'm looking forward to working with the many dedicated organizations groups, and individuals in the East River Valley, to make our part of the county an even better place to live and work. I'm hoping to visit with some of the groups and organizations in the Valley in the future, to see how we can all work together.

If you have any questions, suggestions, or news to include in the newsletter, please reach out to me at ervcda@live.ca

ERVCDA Executive 2020

Chair: Dave Wilson, 902-923-2990

tanker623@yahoo.ca

Vice Chair: Jackie McMahon 902-272-2016

Secretary: Marion Dimock 902-272-2016

Treasurer: Penny Wilson 902-923-2990

Coordinator: Kara Allen ervcda@live.ca

Find us on Facebook:
[facebook.com/eastrivervalley/](https://www.facebook.com/eastrivervalley/)

Pictou County Athletics

2020 Registration

Visit online

pictoucountyathletics.com



Email Olivia at oliviastroud@yahoo.ca for more details on registration.

Email Trevor at trevorboudreau@hotmail.com or Pat Carty at cartyab@hotmail.com

for information on teams.



Bargain Hunters Breakfast & 50-Mile Yard Sale

Mark your calendars for the annual bargain hunters breakfast and 50-Mile yard sale which will be taking place on Saturday June 6th.

This year the breakfast will be taking place at the Riverton Hall 5678 Trafalgar Rd.

Keep an eye on our Facebook page for more details.

How to declutter and prepare for yard sale season!

For those wishing to sell, here are some tips on how to declutter.

“Tidying Up with Marie Kondo”, if you have not seen this show on Netflix, check it out. It’ll give you motivation to begin. She also has a book “The Art of Tidying Up” if you prefer. She can also be found on YouTube.

Her idea is that an item must “SPARK JOY!” for you to keep it. This really puts things in perspective. Some of her tidying methods are simple to implement, you just have to devote the time.

The biggest take away is to tidy by categories, not rooms. She suggests the following categories: clothes, books, photos, papers, miscellaneous, and sentimental. Take each category and put these items into piles, hold each item and if it no longer sparks joy, thank it and get rid of it (at your yard sale perhaps!).

Make a checklist, and envision how this will change your life for the better. Also, by folding clothes, towels and sheets with her space saving techniques you have more room with storage.

Best of luck as you tackle what is sometimes a daunting task, that no one really enjoys doing.

Spotlight on the East River Valley

ERVCDCA wants to help you get your business started by offering 2 FREE ads in consecutive newsletters.

Extra Newsletters are available in Stellarton at: Poulain's PharmaChoice, Foord Street Cards & Things, Medical Hall, Pharmasave, Pharmacy First

June/July Newsletter Deadline for submissions is Wednesday May 13th

If you would like to receive the newsletter and notices by email, please let us know: spotlight.1@hotmail.com



266 Foord St., P.O. Box 1360
Stellarton, NS
F: 902-753-7979
mppharmacyfirst@gmail.com

902-753-DRUG(3784)

Where customer service is the best medicine!

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277 Foord Street, Stellarton, NS, B0K 1S0
phone: (902) 752-3261 fax: (902) 752-1626

- Homeopathic remedies and natural medicines
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- Unit dose prescription packaging
- Flu vaccine injection clinics
- Home-health care and daily living aids for rental and purchase
- Ostomy and wound care products
- Therapeutic compression stockings and support socks for men

Advice for Life

Serving the community for over 50 years.

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In-Store Blood Pressure Checking

Mon-Wed 8-6
Thurs-Fri 8-8
Saturday 8-5



233 Foord Street, Stellarton
medicalhallpharmasave.ca
(902) 752-5192

Foord Street CARDS & THINGS

Social Expressions & Gifts
265 Foord Street, Stellarton, NS 902-752-6363

Gifts for all occasions

Store Hours: Mon - Sat
9:00 a.m. - 5:00 p.m.

Happening at our Churches

The United Churches of the Hopewell East River Eureka Pastoral Charge

Sunday morning worship in Bridgeville at 9:30am and St. Columba, Hopewell at 11:00am.

A combined service is held the last Sunday of every month.

First Presbyterian Church, Hopewell

Sunday morning worship at 9:45am, led by Rev. Bonnie Langille

Kids group Thursday
5:30-6:30pm
Youth group Thursday
6:30-7:30 pm

Bible Study
Thursday at 2:00pm

The Presbyterian Churches of the East River Pastoral Charge

Sunday morning worship rotates
between Springville and St. Pauls at
10:30am.



Happy Birthday to

**Maurice Cunningham of Plymouth on
April 12th**

Love Jude xo

Junior Reporter: Bridget MacGregor

April is national poem month and Earth Day is April 22 so I wanted to share a poem I wrote about our beautiful seasons.

Beautiful Seasons

By: Bridget MacGregor

Spring

A cool breeze,

Everything's growing and becoming brand new,

The children are playing,

The birds are singing chirp, caw, who.

Summer

Lots of green grass,

A yellow sun,

The frogs are calling,

Kids outside until the day is done.

Fall

The clouds start to roll in,

The leaves are turning red, orange and yellow too,

They start to fall,

It is beautiful from every point of view.

Winter

The sky is now gray,

We make a man out of snow,

A hot drink meets our cold lips,

The winter winds blow.

These are the seasons,

All of the four,

If we don't protect our earth,

These seasons will be no more.

Community Hall Rentals:

Bridgeville Community Hall rental fee is \$40. Kitchen and washroom facilities. Contact Beulah 902-923-2634

Churchville Hall includes use of kitchen and large yard. Ideal for family gatherings, bridal/baby showers. Contact Ellen MacDonald 902-755-1257

Eureka Fire Hall is wheelchair accessible and can accommodate most functions up to 100 people. Contact John Bezanson 902-754-0552

Lorne Community Hall is great for baby or bridal showers, birthdays, anniversaries, etc. The cost is \$75.00. Contact President Neil MacQuarrie 902-923-2183

Plymouth Community Centre contact Ruth Thompson 902-752-2307

Riverton Hall, 5678 Trafalgar Rd rental fee is \$50 includes use of kitchen, great for small events. Contact Jody Holley 902-754-1322



Sew Soft Creations

www.facebook.com/SewSoftCreationsbyErin/

Erin Lowles
1-902-759-2513

erin.lowles@gmail.com
Hopewell, Nova Scotia

Business Directory Update

We would like to update the online business directory for the East River Valley. This includes those who sell from home, businesses like Tupperware, Scentsy, Thirty-One etc.

To have all this information in one place is ideal, especially when we host events. All we need from you would be Name, Address, Email and Website. Email ervcda@live.ca with your details.



Riverton Hall

The East River Valley Community Development Association are continuing to upgrade the Riverton Hall as its HOME. This lovely, cozy space is available for rentals by contacting Jody Holley at 902-754-1322. We also hope to use this space more for community, family-friendly fundraising events for the ERVCD.

If you have an idea for an event that you would like to see take place, please reach out to us.

We want this to be a community hall that everyone takes pride in, not just those living in Riverton.



Summer Recreation Program

The Summer Recreation Program will be taking place July 2-August 21 for children aged 5-12 from the East River Valley.

This will be based out of the Plymouth Community Centre (with days scheduled at the Springville Ballfield).

For updates on registration keep at eye on the Plymouth Community Centre and Recreation Association Facebook page or email plymouthrecreation@gmail.com

HODGSON
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www.hodgsonkitchen.ca
hodgsonkitchen@eastlink.ca

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- Bedroom Furniture
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1051 RIVER RD. CHURCHVILLE

VOLUNTEER FIREFIGHTERS WANTED

East River Valley Fire Department
Is looking for new Firefighters

If you are interested, call Kevin 902-923-2893
Or attend our Tuesday Training Meetings 7:00pm
or our monthly Association Meeting every 3rd
Thursday of the month 7:30pm at the Fire Hall
2020 East River East Side Rd, Bridgeville.

Amy Meyer
Tupperware Consultant
902-923-1960
amy_dewtie@hotmail.com

Search Amy Meyer on facebook

WEBSITE

Our website eastrivervalley.ca is currently in the process of being updated.


We hope to have all of our current information online very soon. If you see something that needs updating, or have some photos from our beautiful East River Valley.

Please send this to Kara at ervcda@live.ca

Denise White
Associate Broker
902-759-1132



Viewpoint Realty



www.viewpoint.ca
Direct Line: 902-759-1132
Fax: 902-923-2462
denise.white@ns.sympatico.ca






The MacGregor's enjoying Games Night fun at the Riverton Hall on February 16th to celebrate Heritage Day!

Tim Houston MLA, Pictou East

Town Hall Building Suite 201 tim.houston@mail.com
2042 Queen Street, Westville (902) 695-3582

April 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9 No School	10 Good Friday 	11
12 Easter 	13 Easter Monday	14	15	16	17	18
19	20	21	22 Earth Day 	23	24	25
26	27	28	29	30		

May 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10 Mother's Day 	11	12	13	14	15	16
17	18 Victoria Day 	19	20	21	22	23
24	25	26	27	28	29	30
31						